



Wellbeing drop-in sessions

Telephone: 01803 200 100
checkpoint@childrenssociety.org.uk

Torquay Checkpoint
7 Victoria Road
TQ1 1HU
Thursdays 15.00-16.30

Paignton The Beehive
Paignton Enterprise Centre
Bishops Place
TQ3 3DZ
Wednesdays 15.00-16.30
Brixham (coming soon!)

**The
Children's
Society**



- We believe that we all need to feel safe and confident that we can handle what life throws at us. Without this sense of well-being, our quality of life can fall and our mental health can decline.
- We want young people to be happy and feel good about themselves, to be able to fight and not give up.
- We offer safe and confidential drop-in sessions in the local areas to talk about any difficulties with which you may feel you would like some extra support or help with.

If you would like more information on the types of services we offer or would like to refer someone to our service please call or e-mail Checkpoint Torbay on:

Telephone: 01803 200 100

Email: checkpoint@childrenssociety.org.uk